

# The Trauma Mantras

A Memoir in  
Prose Poems

"A gift across cultures."

*from the foreword by*  
Yusef Komunyakaa

ADRIE  
KUSSEROW



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*For all refugees, everywhere*

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Ethno (culture) graphy (the process of writing, representing, recording, describing): a field of study

AutoEthnography: qualitative research using self-reflection and writing to explore personal experience and connect this autobiographical story to wider cultural and social meanings and understandings